Abstract:-

Urticaria (hive) is transient lesion that is composed of central wheal surrounded by an erythematous face. Urticaria (hives) consist of pruritic / edematous, erythematous blanching papules that are round / oval shape, have pale, raised centers (wheals) are several millimeter to a few centimeter in size, and are transient lasting minutes to days.\(^1\)

Episodes daily or almost daily symptoms or recurrent hives over a period of considered acute, those lasting longer are said to be chronic.\(^1\)

Epidemiology: - Urticaria occurs is 15% to 20% of individuals, sometimes during their lives can affect both genders and all faces. Acute urticaria is more common in young adults and children.\(^1\)

Key words: - case report, urticaria, medorrhinum, antim crude., homoeopathy.

Case report: A 10 years old male child came with the complaint of Itching of the whole body < exposure to dust, Swelling of the lips, small eruptions on the body, eruptions with redness and no burning, no scaling, catch cold and cough frequently < Change of weather, exposure to cold climate, taking cold food and drinks, exposure to dust

Past History of Typhoid


Physical Generals

- **Desires:** Cottage cheese, Potatoes, Chocolates, Sweets, ice-cream, Fruits, Cold drinks and Cold food
- **Aversion:** Not specific
- **Perspiration:** Face
- **Stool:** Nothing specific
- **Urine:** Nothing specific
- **Sleep:** -Sleeps on abdomen and occasionally on sides and sleep refreshing
- **Dreams:** ---
- **Mind:** -Average in studies
  - Restless
  - Naughty
  - Loves science
  - Fear of dark
  - Loves sports
  - Loquacious
  - Hyperactive child
  - Fear of dogs

Diagnosis:

- Urticaria
- Tendency to catch cold
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- **Allergic constitution**  
  **Current Medication:** Cetirizine, 1 tablet once a day

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**Repertorial totality Chronic:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Response</th>
<th>Prescription</th>
</tr>
</thead>
<tbody>
<tr>
<td>04/08/2016 (Baseline visit)</td>
<td>Based on the totality the patient was prescribed Medorrhinum 30C</td>
<td>Medorrhinum 30C 4 drops B.D.</td>
</tr>
<tr>
<td>03/09/2016</td>
<td>Intensity and Frequency of urticaria reduced slightly</td>
<td>Medorrhinum 30C 4 drops T.D.S.</td>
</tr>
<tr>
<td>10/09/2016</td>
<td>Urticaria much better than before, dosage of cetirizine reduced</td>
<td>Medorrhinum 30C 4 drops T.D.S.</td>
</tr>
<tr>
<td>17/09/2016</td>
<td>Intensity further reduced, no change in itching, dosage of cetirizine reduced further</td>
<td>Medorrhinum 200C 4 drops B.D.</td>
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<td>Medicine Details</td>
</tr>
<tr>
<td>------------</td>
<td>-----------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>24/09/2016</td>
<td>Urticaria episodes better, itching reduced, advised to stop cetirizine</td>
<td>Medorrhinum 200C 4 drops T.D.S.</td>
</tr>
<tr>
<td>22/10/2016</td>
<td>There was a gap in taking medicines, yet urticaria was under control, itching was better, 1 acute episode was seen</td>
<td>Medorrhinum 200C 4 drops T.D.S.</td>
</tr>
<tr>
<td>19/11/2016</td>
<td>There was a gap in taking medicines, yet urticaria was under control,</td>
<td>Medorrhinum 200C 4 drops T.D.S.</td>
</tr>
<tr>
<td>22/11/2016</td>
<td>There was a gap in taking medicines, yet urticaria was under control, acute episode mild after exposure to dust</td>
<td>Medorrhinum 200C 4 drops T.D.S. Antim Crude 30 during acute episodes sos 4 drops T.D.S</td>
</tr>
<tr>
<td>07/01/2017</td>
<td>2 acute episodes were seen in spite of a gap in medicines, no itching, cetirizine completely stopped</td>
<td>Antim crude 30C sos 4 drops T.D.S Medorrhinum 200C 4 drops T.D.S</td>
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**Conclusion:-**

A Case report presented with photographic evidence which directs to positive role of effectiveness of homoeopathic medicines Medorrhinum and Antim Crude in urticaria and homoeopathy as a medicine to reduce the dosages of habit forming dependent medicines. However, a case series/clinical trial study is required to access the results of Antim Crude in cases of urticaria as a specific palliative.

**Discussion: -**

Homoeopathy has a very good role in reducing the sufferings of patients presenting with the complaints of Urticaria and is a best alternative to reduce the dosages of habit forming medicines which can only palliate the condition and not cure it.

**References: -**

1) Lee Goldman, Andrew Schafer, Goldman’s Cecil Medicine, 24th edition, page no 1628
2) Schroynes F synthesis repertory, version 9.0
3) William Boreiks, Boerick’s Materia Medica,
5) Master Farokh, Childrens Remedies.