



UNNAT BHARAT ABHIYAN
MOTIWALA HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, NASHIK, MAHARASHTRA

PROGRESS REPORT

MAY, JUNE, JULY, AUGUST 2020

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P.NO	ADOPTED VILLAGES	TALUKA(BLOCK)	D'DISTRICT
1	OVERDHAN	Nashik	Nashik
2	ALALPUR	Nashik	Nashik
3	VAHADEOPUR	Nashik	Nashik
4	DHONDEGAON	Nashik	Nashik
5	DEVARGAON	Nashik	Nashik

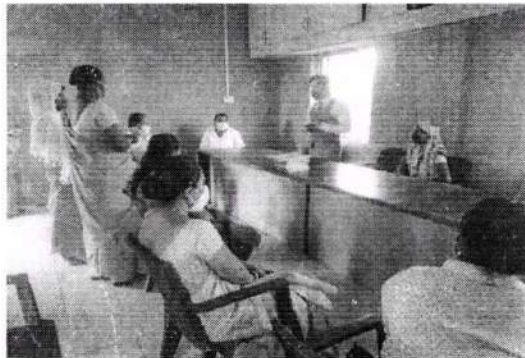
List of Activities:

Activity 1

Title of the Activity: Distribution of Homoeopathic immunobooster medicine in Goverdhan village

Need of the Activity: As a case of COVID-19 positive was reported in the village

Brief Description (Need/ Impact/Action/Picture (if any): On receiving request from the Gram sevak Shri. Khairnar, the college team under the leadership of Dr. Faraz Motiwala, Assistant Medical Superintendent, G.M. Motiwala Memorial Super Speciality Hospital, rushed to the village. A meeting was held with the Gram Panchayat authorities and Asha workers and they have been explained about the dosage of medicine. With help of Asha workers entire village household were distributed with the Homoeopathic Immunobooster medicine. Total of 1200 households were covered in the activity.



Next action plan:

Sr.No	Activity to be conducted(along with reason)
1	Distribution of Homoeopathic Immunobooster medicine distribution in all the five adopted villages is planned in the second week of September, 2020 in view of spread of COVID-19 to rural areas.

G. Prasad



Dr. F. F. Motiwala
(Dr. F. F. Motiwala)
Principal
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Mass prophylaxis in Unnat Bharat Abhiyan adopted villages for COVID-19 free UBA villages

Coronavirus disease 2019 (COVID-19), is a pandemic that has gripped the entire world and disturbed the normal life of each individual on the face of the earth. According to the World Health Organization, there is no specific treatment for the disease, and prevention of communication of the disease is the only method to win over the disease. The WHO has suggested wearing a mask, frequent washing of hands, and social distancing as the preventive measures to avoid contact with COVID-19 disease.

Since there is no cure to the Covid-19 disease and its prevention is the only solution to contain the pandemic, the focus came on the methods of prevention of the disease and improvement of the general health of the people. People have been advised to take a healthy diet by including the substances that promote immunity.

At a time when there is no known treatment for the disease in the conventional system of medicine, the AYUSH systems of medicine were looked upon for the possible treatment or preventive measures.

The Central Council for Research in Homoeopathy after considering the symptoms of initial cases of COVID-19 from china and Europe has advised the use of Arsenicum Album 30 as a genus epidemicus for the present pandemic. Based on the observation of CCRH, the Ministry of AYUSH, Government of India has recommended the use of Arsenicum Album 30, 4 pills daily on empty stomach, consecutively for three days as an Immuno booster.

Motiwala Homoeopathic Medical College and Hospital has been active in the distribution of Arsenicum Album 30, as an immuno booster since as early as March 2020. About 5,00,000 population of Malegaon town was given Arsenicum Album 30 mass prophylaxis during March 2020. At the beginning of our mission covid free Malegaon, there was chaos in the town concerning the treatment and prevention of COVID-19. In the second week of April, after the distribution of Homoeopathic Immuno booster medicine, the curve of COVID-19 cases flattened.

After successful mission covid free Malegaon, the management of Motiwala Homoeopathic Medical College and Hospital has taken up the task of Nashik city, to make it Covid free. In coordination with the authorities of the Municipal Corporation of Nashik, the institute distributed the Homoeopathic Immuno booster medicine in the five divisions of Nashik city during May-August, 2020.

In the last week of August 2020, the COVID-19 disease was reported to spread to the rural areas of the Nashik district. The management of Motiwala Homoeopathic Medical College and Hospital has resolved to keep the five villages adopted under Unnat Bharat Abhiyan



COVID-19 free till the end of December 2020. All the faculty members and the 70, intern doctors of Shriman G.M.Motiwala Homoeopathic Hospital participated in the distribution of Arsenicum Album 30 to the people of all the five villages, Goverdhan, Jalalpur, Mahadeopur, Devargaon, and Dhondegaon, adopted under Unnat Bharat Abhiyan.

The faculty and Intern doctors went door to door to distribute Homoeopathic Immuno booster medicine and advise its dosage. People of the villages were also given information regarding corona disease and its prevention. The villagers were advised to wear a mask, maintain hand hygiene, and social distancing.

A population of 9586 has been distributed with Arsenicum album 30 Homoeopathic medicine between 10th and 17th September, 2020. The population covered in each village is 3243 in Goverdhan, 2931 in Devargaon, 1992 in Dhondegaon, 726 in Jalalpur and 694 in Mahadeopur.

At the beginning of distribution of Arsenicum album people of the five villages were screened for symptoms mimicking Corona disease. People were also screened for presence of co-morbidities like Hypertension, Diabetes Mellitus, Asthma, Cancer and other diseases.

When we started distribution of Arsenicum album in UBA adopted villages, Nashik district was reported to have 44,184 confirmed cases.

The five villages adopted by our institute are very close to Nashik city and the people from these villages commute between their village and Nashik. There were higher chances of contacting with COVID-19 infection.

Arsenicum album was repeated each month till December, 2020. Faculty and the intern doctor conducted follow up survey after every 21 days to know if any positive case has developed in the village.

According to the survey 409 people were found to suffer from co-morbidities like, Diabetes mellitus, Hypertension, Heart disease, kidney disease, and other diseases. It was also found that 583 people were aged above 60 years who are considered vulnerable to catch COVID-19 infection.

Goverdhan, Devargaon, Dhondegaon and Jalalpur villages had no COVID-19 case till the end of December, 2020. In the village Mahadeopur there was a case of COVID-19 before start of distribution of Arsenicum Album 30. In first follow up 3 new cases of COVID-19 positive were reported. these patients were treated at home and recovered. All the family members of these patients were tested negative for COVID-19.

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At the start 124 people were suffering from influenza like (COVID like) symptoms. The numbers of people suffering from influenza like (COVID like) symptoms have reduced to 80 people.

Table showing the data observed during the mass prophylaxis in Unnat Bharat Abhiyan adopted villages:

UBA Village						
particulars	Devargaon	Jalalpur	Mahadeopur	Goverdhan	Dhendegaon	Total
Population of village	3432	2940	1800	7017	3142	18331
No. of Individuals covered	2695	709	694	3255	1773	9126
No. of individuals with comorbidity	42	25	68	162	112	409
No. of COVID19 positive cases	0	0	4	3	0	7
Individuals in Vulnerable age	912	191	169	977	362	2611
Influenza like illness before	0	0	19	80	25	124
Influenza like illness after	32	0	2	60	18	112

The institute has been successfully monitored the health status of the villagers and distributed the Homeoeopathic immunobooster medicine to keep these villages relatively COVID 19 free till the end of December,2020.

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